



OPENING DOORS

HEARTH

*Parkvale Bank presents the Art of Wine & Food
Golf Outing United Way Contributor Choice #3384
Combined Federal Campaign #45153*

Annual Report Edition - Fall 2009



PARKVALE BANK

PRESENTS

The Art of Wine and Food to benefit HEARTH



Thursday, October 8, 2009

6 to 9 PM

at The Children's Museum of Pittsburgh

Enjoy a variety of wines, great food from exceptional restaurants, a silent auction, and musical entertainment while freeing your inner child in the museum's exhibits.

Regular Tickets: \$60 • VIP Tickets: \$85

VIP includes admission at 5:30 PM and preferred parking in the museum's gated lot

For tickets, call 412-939-2302 ext. 14 or visit www.hearth-bp.org.

Purchase by 4 PM on September 18 and get \$10 off each ticket!

Sponsors include:

Parkvale Bank - Precision Endodontics - Buck Consultants
Software Specialists - TBROOKS Financial Services
Dawar Technologies, Inc./ North Lincoln LLC - Stoltenberg Consulting
Northwest Savings Bank - Trek Development Group
The Iannucci Law Group, P.C. - Dunbar, Bender & Zapf, Inc.
Massaro Corporation - TriState Capital Bank
North Hills Monthly Magazine - 3WS and FM Newstalk 104.7

Participants include:

American Beverage Corp. - Arsenal Cider House & Wine Cellar - Bar Louie Cranberry
Bella Vista Ristorante - Bellevue Beer - Breadworks - The Camelot
D'Andrea Wine and Liquor Imports - W.J. Deutsch & Sons - Enrico's Ristorante- Shadyside
Erin's Fine Foods - The Finishing Touch Catering and Party Service - Gateway Clipper Fleet
Juliano's Restaurant & Catering - Marktfrau - Monte Cello's Italian Restaurant
Palomino Restaurant - The Pittsburgh Melting Pot - Smokin' Memphis Style BBQ LLC
Stoke's Grill - Vecenie Distributing Company - Washington County Winemakers Society

GOLF OUTING AND DREAMMAKER DINNER

H EARTH and Presenting Sponsor Fort Pitt Capital Group held the 14th Annual Tee and Green Golf Outing and Dreammaker Dinner on Monday, June 15 at Sewickley Heights Golf Club.

Unlike last year when thunder and lightning forced us off the course, golfers enjoyed a gorgeous sunny but cool day. Some had a better day than others, though! Congratulations to the following winners:



- 1st Place The foursome from Chrislynn Energy Services (Mike Dowling, Gary Herbert, Jackie Herbert, and Matt Weis)
- 2nd Place The foursome from Fort Pitt Capital Group (Bill Holt, Charlie Smith, Ryan Smith, and Mike VanSickle)
- 3rd Place The foursome from Savinis, D'Amico and Kane LLC (Mike D'Amico, Robert Lee, Joe Schapar, and Drew Knuth)

Thank you to our generous Sponsors:

Fort Pitt Capital Group - Precision Endodontics - Sherrard, German & Kelly, P.C.
Savinis, D'Amico and Kane, LLC - Software Specialists - Herbein + Company, Inc.
Northwest Savings Bank - Dawar Technologies, Inc./ North Lincoln L.L.C.
Stoltenberg Consulting, Inc. - Metz Lewis LLC
Daniel and Leilani Costa/ MFS- Kurt Carlson - PNC Bank
TBROOKS Financial Services - West View Savings Bank - TriState Capital Bank
Sisterson & Co. LLP - WDVE and News Talk 104.7

NEW PRIDE PROGRAM'S FIRST PARTICIPANT

H EARTH's PRIDE Program, a second step for Benedictine Place program participants, began in July 2009. PRIDE stands for Providing Residents the opportunity for Independence, Dignity, and Economic stability. To be considered for participation in the program, the women must have lived at Benedictine Place and have a mental health or physical disability. Prior to their moving from Benedictine Place, new Case Manager Meghan Labiaux works with them to find housing in apartments or houses in the community. She then provides ongoing case management services to them in their homes, as well as coordinates monthly group life skills training. Mary Beth and her 3 children are our first participants.



Mary Beth was born and raised in the North Hills. Although she gave birth to her daughter Caterina while in high school, she still finished on time in 1999. She started college at The Community College of Allegheny County that fall but later transferred to Bidwell Training Center to pursue a career as a Travel Agent. She graduated in March 2001 and got a job in July at a travel agency in the North Hills. However, the attacks on September 11 dealt a tough blow to the travel industry, and Mary Beth was laid off.

After a series of temporary jobs as mainly a receptionist or secretary, she secured full-time employment as the Assistant Manager at a video store, where she worked for two years. After a short maternity leave after the birth of her son Alex in November 2007, she went part-time at the video store before getting laid off in March 2008 when the video rental industry plummeted.

Mary Beth had been living with Alex's father in Brookline until this time. After they parted ways, she used up her savings for rental housing until she moved into Benedictine Place in August 2008. She says, "I knew I had to get back on my feet. And HEARTH strives to give people the tools to do that."

At Benedictine Place, Mary Beth says she got back involved with her family and children (her daughter Peyton was born in December 2008), got back in school, set up a savings account, and learned budgeting skills. Through her individual case management meetings, she learned how to say no to people, stand on her own two feet, and stand up for herself. She is very introspective and, by creating a timeline of her life, is assessing how her experiences as a child have affected her in adulthood.

Mary Beth has struggled with depression and Attention Deficit Hyperactivity Disorder (ADHD) since childhood. She has been in and out of therapy and on and off medication for her depression since she was 15 years old. She says, "I struggle with being accepted; I want people to like me, and I look for ways to get attention." She has had difficulties with ADHD since she was 6 years old and has been on and off medication. Her ADHD causes her to have concentration issues and be "fidgety and flighty," and she now feels this has contributed to her making poor decisions.

Mary Beth chose to enter the PRIDE Program because she was not ready to live on her own. She says, "I need to be stable for my children. I don't want to fail again." She is currently enrolled at CCAC in the MOST Program, which stands for Modern Office Systems Training, and she loves it! She will finish in September 2009 and remain in the PRIDE Program as long as she wants to.

PROGRAM PARTICIPANT NEWS

Catrina completed an internship with a local hospital, graduated from Career Training Academy with an Associate's degree in Medical Assistant, and got a scholarship from the Bartko Foundation to purchase a car.

Mary Beth, Christa, Cindy, Latoya, and Tina all moved into permanent housing.

Timmica and Noora secured full-time employment and moved into permanent housing.

Cristyn started an internship in her field at the school she attends.

Amanda obtained full-time employment and is preparing to move out.

WE'RE GROWING!

By now you have heard about HEARTH at Benet Woods, a program of Benet Woods Housing Corporation. However, you most likely don't know that HEARTH is starting a new program as well!

HEARTH's Benedictine Place Program

Type of Program:

2-year transitional housing program

Population Served:

Homeless women with children whose main source of income is TANF, or Temporary Aid for Needy Families

Type of Housing:

15 self-contained apartments in the renovated St. Benedict's Academy in Ross Township

Supportive Services:

Program participants meet individually with a case manager once per week and as a group for life skills training once per week

Volunteer Needs:

Volunteers needed to assist program participants with budgeting skills and to prepare apartments for new families. Individuals with skills in Communications, Finance, Fundraising, and/or Personnel needed to serve on Committees of the Board

Donation Needs:

Donations of paper products, holiday items, cleaning supplies, in-season clothing, and food from the community assist families

Fundraising Efforts:

Funded by HUD, private foundations, and fundraising efforts by HEARTH

Date Services Started:

July 1995

HEARTH's PRIDE Program

Type of Program:

Permanent housing program

Population Served:

Homeless women with children leaving Benedictine Place who have a mental health or physical disability

Type of Housing:

6 apartments/ houses rented from landlords in the community

Supportive Services:

Program participants meet individually with a case manager 2-3 times per month and as a group once per month for life skills training

Volunteer Needs:

Volunteers needed to work with program participants:

- Budgeting Mentors
- Job Search Mentors

Donation Needs:

Donations of paper products, holiday items, cleaning supplies, in-season clothing, and food from the community assist families

Fundraising Efforts:

Funded by HUD and fundraising efforts by HEARTH

Date Services Started:

July 2009

BWHC's HEARTH at Benet Woods Program

Type of Program:

Permanent housing program

Population Served:

Working families or individuals who meet income guidelines (\$24,800 to \$37,200 depending on family size)

Type of Housing:

6 newly-constructed duplexes (half of one will be a community room) on Rodenbaugh Road in Ross Township

Supportive Services:

Monthly group financial trainings will be offered in the community room. Individual tenant support will be provided on an as needed basis

Volunteer Needs:

Volunteers are needed for exterior painting and planting prior to the program opening, but volunteers will not work with this program on an on-going basis

Donation Needs:

In-kind donations will not be solicited

Fundraising Efforts:

Initial funding through PA Housing Finance Agency (PHFA), Allegheny County, private foundations, and individuals; ongoing operation will be self-sustaining because of income from program participants' rent

Date Services Started:

Scheduled for September 2009

VOLUNTEERS AND SPECIAL DONATIONS

Thank you to the following for their support:

Parkvale Bank for making Mother's Day baskets for the Benedictine Place moms

American Psychiatric Nurses Association for the collection of personal care items and cleaning products

Missy Sanfilippo for making personalized quilts for the children at Benedictine Place

Students and staff of **The Art Institute** for selecting HEARTH as one of their Day of Service projects and painting an apartment

Employees of **State Farm** for providing a special session of child care for Benedictine Place children as part of **Pittsburgh Cares' Hands on Pittsburgh**

Participants in the **Spring Shower**: Avon Club, Book Club, Bradford Woods Women's Club, Citizens Bank, Community Presbyterian Church of Ben Avon Outreach, Ingomar UM Church Missions Committee, Mom's Club of Wexford, Northgate Church Hilltoppers, Presbyterian Church of Sewickley Women's Association, Sts. John and Paul Women's Guild, St. Paul's Lutheran Church Women's Group, Venture Club of North Pittsburgh, St. Paul's UM Church UMW

Furniture for families moving from Benedictine Place- **C. W. Gowers, Timothy Frazion, and Martin Martynuska**

New volunteers: Christina Arthur, Kayla Caruso, Casey Cassioli, Erin Culpepper, Michelle Dubovecky, Nick Elder, Josh and Lisa Fogle, Jessica Greenberg, Rohini Gupta, Rosanne Harrison, Judy Hendrix, Sophia Hoover-Grant, Zeynep Isvan, Michelle Lagnese, Cindy Ly, Erin Masterson, Mary Miller, Katie Nolan, Liam O'Loughlin, Ben Paul, Maire Prybyl, Deena Sliker, Melissa Stritzinger, and Rebecca Zane.

Foundations for grants received: \$3600 from **Zonta** for assistance with education expenses; \$500 from the **Fetterolf Family Foundation** for operating expenses (BP); \$4000 from **Snee-Reinhardt Charitable Foundation** for medicines for the families at BP; \$20,658 from **Northwest Savings Bank** for appliances for BW; and \$4500 from **The Cahouet Charitable Trust** for operating expenses (BP).

SMALL WAYS TO LEND A BIG HAND

Buy a Brick to support HEARTH at Benet Woods! Your brick will be engraved with a name or message and will become part of the patio of the Community Center. 12x12 bricks are \$200, and 6x12 bricks are \$100. Visit www.hearth-bp.org for an order form.

HEARTH is selling **Enjoy Books** for \$27 and **Entertainment Books** for \$20. Stop in for your books today!

HEARTH's **United Way Contributor Choice** number is 3384, and our **Combined Federal Campaign** number is 45153.

On Wednesday, October 28 beginning at 10 AM, The Pittsburgh Foundation will provide a 50% match on cash donations of \$50 to \$2500 made through its **Pittsburgh Gives** website. If you were planning on making a cash donation to HEARTH this year, please plan to log onto www.pittsburghgives.org and we will receive 50% more! Only credit cards will be accepted.

Visit our new **blog** at <http://hearthblog.wordpress.com/>.

Take this coupon to

STOKE'S GRILL on FRIDAY, OCTOBER 16, 2009

4771 McKnight Road (in the plaza with Pep Boys)
and HEARTH will receive 20% of your bill.

Enjoy a variety of fresh, delicious homemade soups and unique sandwiches while supporting HEARTH. A great place to go for dinner, too, since it's a BYOB with no bottle

HEARTH HAPPENINGS

We would like to welcome two new Board Members: **Philip Brenckle** of PNC Bank, NA and **Mary MacPherson** of Deloitte & Touche LLP.



HEARTH

Opening Doors for
Families in Crisis

(Formerly North Hills Affordable Housing)
4540 Perrysville Avenue
Pittsburgh, PA 15229-2296
412-939-2302
www.hearth-bp.org